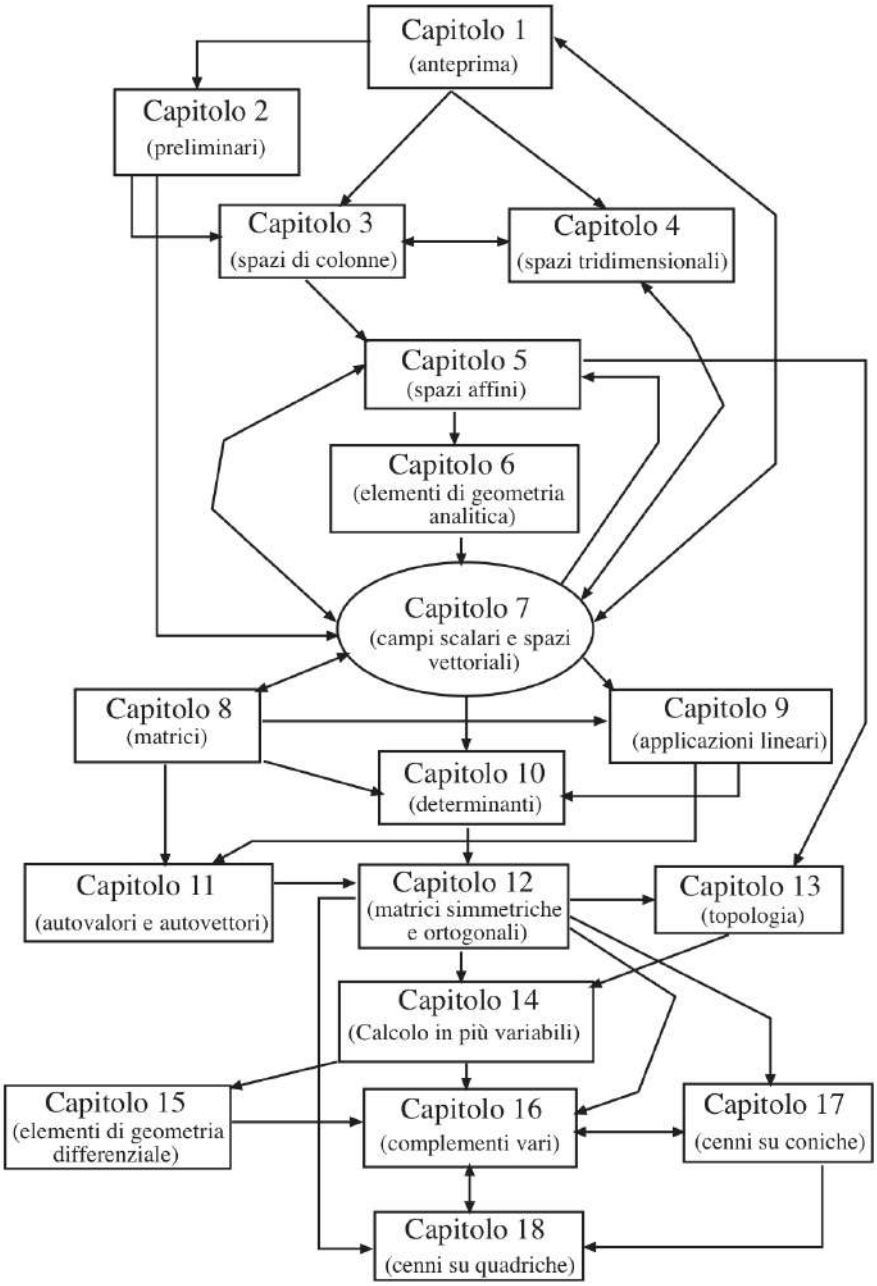Itinerari di Lettura